

## SONG: Anxiety

*Bathroom-3 women positioned in the space, silent and still.*

### Verse 1

**WO1:**

For all I know this may be just the beginning  
A chance to run towards the truth that sits inside of me  
This sense that somehow I'm fulfilling  
All the who and why and what I was meant to be

Hang on, no wait, wait, why am I am in here  
Where's the paracetamol and... really...really  
I'm surely going crazy, help...help...just get me...

### Chorus:

**WO1:** But who's ever noticed/ I'm going under/ Reeling from rage to **anxiety**

**WM2:** Cherish the girl I set out to be  
Honour the child then in front of me  
How will I do this, oh god this **anxiety**

**WY3:** Feeling Something  
Moving through me  
Urgent shifting  
Constant cramping  
What is happening  
Oh this **an-xi-e-ty**

### Verse 2

**WM2:**

A line, its just a line but everythings spinning  
I've tried so hard to take control and do what's best for me  
We discussed this from the beginning, its not something I longed for, this role of 'mummy'

I just torment myself, always 'mulling it over'  
staying silent, giving way too much, unexpectedly  
oh god of course now it's the price I'm paying  
for self protection, for absolutely no sniff of vulnerability

### Chorus:

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### **Verse 3**

**WY3:** I think I know what's going on, woah, ok-just keep breathing  
Wait am I dying, no, just wait a sec, you're sounding crazy  
I'm going to bleed, is that blood, am I bleeding  
Need to know now, oh hang on, I think I need to pee

I'm just not totally sure I'm quite ready to grow up  
I know I front it out out to friends so they won't ever see  
That underneath it all I'm always praying  
Jus to be a girl and not this... 'woman to be'

### **Chorus:**

**WO1:** But who's ever noticed/ I'm going under/ Reeling from rage to **anxiety**

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**BRIDGE- All: What the fuck**  
**Am I doing here?!**

**Take it**  
**All away, yes take it all away, just take it....**

### **Chorus:**

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**WY3:** Feeling Something  
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What is happening  
**Oh this an-xi-e-ty**