

SONG: Anxiety

Bathroom-3 women positioned in the space, silent and still.

Verse 1

WO1:

For all I know this may be just the beginning
A chance to run towards the truth that sits inside of me
This sense that somehow I'm fulfilling
All the who and why and what I was meant to be

Hang on, no wait, wait, why am I am in here
Where's the paracetamol and... really...really
I'm surely going crazy, help...help...just get me...

Chorus:

WO1: But who's ever noticed/ I'm going under/ Reeling from rage to **anxiety**

WM2: Cherish the girl I set out to be
Honour the child then in front of me
How will I do this, oh god this **anxiety**

WY3: Feeling Something
Moving through me
Urgent shifting
Constant cramping
What is happening
Oh this **an-xi-e-ty**

Verse 2

WM2:

A line, its just a line but everythings spinning
I've tried so hard to take control and do what's best for me
We discussed this from the beginning, its not something I longed for, this role of 'mummy'

I just torment myself, always 'mulling it over'
staying silent, giving way too much, unexpectedly
oh god of course now it's the price I'm paying
for self protection, for absolutely no sniff of vulnerability

Chorus:

WO1: But who's ever noticed/ I'm going under/ Reeling from rage to **anxiety**

WM2: Cherish the girl I set out to be
Honour the child then in front of me
How will I do this, oh god this **anxiety**

WY3: Feeling Something
Moving through me
Urgent shifting
Constant cramping

What is happening
Oh this **an-xi-e-ty**

Verse 3

WY3: I think I know what's going on, woah, ok-just keep breathing
Wait am I dying, no, just wait a sec, you're sounding crazy
I'm going to bleed, is that blood, am I bleeding
Need to know now, oh hang on, I think I need to pee

I'm just not totally sure I'm quite ready to grow up
I know I front it out out to friends so they won't ever see
That underneath it all I'm always praying
Jus to be a girl and not this... 'woman to be'

Chorus:

WO1: But who's ever noticed/ I'm going under/ Reeling from rage to **anxiety**

WM2: Cherish the girl I set out to be
Honour the child then in front of me
How will I do this, oh god this **anxiety**

WY3: Feeling Something
Moving through me
Urgent shifting
Constant cramping
What is happening
Oh this **an-xi-e-ty**

BRIDGE- All: **What the fuck**
Am I doing here?!

Take it
All away, yes take it all away, just take it....

Chorus:

WO1: But who's ever noticed/ I'm going under/ Reeling from rage to **anxiety**

WM2: Cherish the girl I set out to be
Honour the child then in front of me
How will I do this, oh god this **anxiety**

WY3: Feeling Something
Moving through me
Urgent shifting
Constant cramping
What is happening
Oh this an-xi-e-ty